

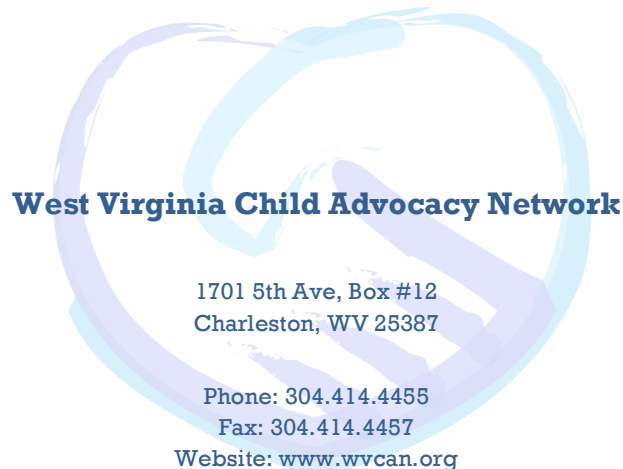
The TF-CBT treatment model addresses the negative effects of sexual abuse and other traumatic events by integrating several therapeutic approaches and treating both child and parent in a comprehensive manner.

## ***Training Objectives***

1. Identify ways that traumatic experiences have the potential to impact a child's development and health throughout the lifespan.
2. Explain why trauma-informed care is so vital, and distinguish between traditional mental health treatment and trauma-focused care.
3. Describe the nature of research that supports the efficacy of TF-CBT.
4. Identify clinical outcome assessment tools that can inform treatment and assist in measuring treatment outcomes.
5. Identify resources and strategies for model fidelity measurement.
6. Identify each component of the TF-CBT model.
7. Recognize the importance of respectful and empowering client engagement in the treatment process.
8. Understand the rationale behind each TF-CBT component and be able to use as least 3 tools or strategies for each of the model's components.
9. Gain practice skills and insight into the value and experiences that clients may have in the narrative development process through a narrative practice training activity.
10. Apply each component of TF-CBT model to address the issues of child sexual abuse.

### **This project has been partially funded by:**

The Division of Justice & Community Services Child Advocacy Center grant; The National Children's Advocacy Center through a grant from the Office of Justice; The Sisters of St. Joseph Health & Wellness Foundation of Wheeling, WV



## ***Trauma-Focused Cognitive Behavioral Therapy Training***

May 16-17, 2011  
Monongalia General Hospital  
Morgantown, WV

# Trauma-Focused Cognitive Behavioral Therapy Training

Register online at [www.wvcan.org](http://www.wvcan.org), if you prefer.  
**Registration Form**

## May 16, 2011 Agenda

8:00-9:00	Sign-in and refreshments
9:00-10:30	Child Advocacy Center Model and National Children's Alliance (NCA) Mental Health Standard
10:30-10:45	Break
10:45-12:00	Trauma Impact and Trauma-Informed Care
12:00- 1:00	Lunch
1:00-2:00	Trauma Impact and Rationale for Trauma-Informed Care
2:00-2:30	Introduction to the Research and Overview of TF-CBT
2:30-2:45	Break
2:45-3:15	Overview of Assessment
3:15-4:00	Engagement of Families and Psychoeducation; Evaluation

## May 17, 2011 Agenda

8:00-9:00	Sign-in and refreshments
9:00-10:00	Cognitive Coping
10:00-10:30	Rationale and Strategies for Trauma Narrative Development
10:30-10:45	Break
10:45- 12:00	Case Examples & Trauma Narrative Development
12:00-1:00	Lunch
1:00-2:30	Experimental Narrative Exercise (Non-trauma themes)
2:30-2:45	Break
2:45-3:30	Continuation and Processing of Narrative Exercise
3:30-4:00	Summary, Follow-up, and Evaluations

## CEU Information:

12 hours of Social Work, LPC, and Psychology applied for

## Presenter Information:

Kristine Buffington completed her Master's Degree in Social Work at Western Michigan University. She is a Cum Laude Graduate in Psychology from Eastern Michigan University.

For over 24 years, Ms. Buffington has been a practicing social worker specializing in adult and child mental health, child abuse prevention, and advocacy, development, evaluation, and provision of services and programs to address the impact of child traumatic stress. She is an affiliate member of the National Child Traumatic Stress Network. Ms. Buffington is also an experienced trainer in trauma-informed care and evidence-based trauma-focused treatments.

Trudy Laurenson is one of the pioneers in West Virginia's Child Advocacy Center movement. After nearly 20 years working in a Domestic Violence program, Ms. Laurenson became the Director of the Child & Youth Advocacy Center in Lewisburg, WV, and worked on the development of the West Virginia Child Advocacy Network.

Since retiring from the local Child Advocacy Center in 2009, Ms. Laurenson has been working with WVCAN (the state's coalition of Child Advocacy Centers) as a Program Development Specialist.

## Training Package

Participants wishing to sign-up for the TF-CBT training package are committing their time to the following training components, which are all included in the registration fee:

- Completion of **FREE** 10 hour TF-CBT web training <http://tfcbt.musc.edu> prior to May training dates (check with online instructor about CEUs)
- 2 day initial training (May 16-17)
- Follow-up of 12 consultation calls
- Booster session (10 months after initial training)

Name: \_\_\_\_\_

License (LPC, LSW, LICSW, etc.) \_\_\_\_\_

Work Setting: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Cost: \$125 per participant**

Participants are agreeing to commit to the entire training package by registering for this training.

*I agree to participate in all components of the TF-CBT training package with supervisory approval (if applicable).*

\_\_\_\_\_  
Participant Signature

\_\_\_\_\_  
Supervisor Signature

## Method of Payment:

- Check enclosed, made payable to WVCAN. In the memo line, please write TFCBT.
- Invoice
- Secure, online payment through PayPal ([www.wvcan.org](http://www.wvcan.org))

**Mail completed form and payment to:**  
WVCAN, 1701 5th Ave Box 12, Charleston, WV 25387

## Cancellation policy:

Refunds, minus \$20 administrative fee, will be made through May 6, 2011.