

Starr Center

Adult Day & Respite for Adults with Developmental Disabilities








The Mark T. Starr Center provides opportunities for adults with developmental disabilities in the Denver metro region to make new friends and develop new skills. It offers a variety of lively activities in a structured environment. Participants, ages 18 - 40, learn independent living skills, safety skills and community integration.



SENIORS'
RESOURCE
CENTER

Seniors' Resource Center
3227 Chase Street
Denver, CO 80212
303-238-8151

Complete Package of Adult Day & Respite Services Can Include:

-  Active learning environment focused on Independent Living Skills, Safety Skills, Socialization and Interpersonal skills
-  Healthy meals with an emphasis on teaching nutrition, health, and well-being
-  Exercise programs and planned community excursions
-  Group discussions on topics such as current events, money management, and history
-  Planned activities including; creative art projects, music therapy, reading development, cooking classes, and volunteering
-  Dependable care for after-school needs, and services during school breaks
-  Transportation to and from Mark T. Starr Center may be arranged



Hours of Operation

Monday - Friday
7:30 am to 5:00 pm
(303) 233-0324

Mark T. Starr Center
7815 W. 16th Ave.
Lakewood, CO 80214

www.SRCaging.org/developmentaldisabilities

